Mandatory Training, Preparedness, and Education

PPS Staff Training

September 2020
In accordance with the CDC and the Department of Elementary and Secondary Education, Plymouth Public Schools has created a training for all staff in response to the COVID-19 pandemic in an effort to keep our schools, staff, and students safe. The PPS takes the health and safety of our employees very seriously.

As staffing and learning on-site increases and operations expand, leadership will closely monitor and assess the potential spread of the virus as well as procedures and policies to mitigate it.

Please continue to refer to our website www.plymouth.k12.ma.us for an ongoing list of FAQ’s. Our responses are ever changing and it is important that we continue to adapt appropriately in accordance with guidance.

The Superintendent and School Committee will be using the metric designed by the governor’s office to continually review cases and status being red, yellow, green or white.
WHAT IS COVID-19

COVID-19

The virus associated with the outbreak originating in Wuhan, China, has been designated severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The disease caused by that virus is now officially called COVID-19.

SPIKE GLYCOPROTEIN (S)
MEMBRANE PROTEIN (M)
HEMAGGLUTININ-ESTERASE (HE)
NUCLEOPROTEIN (N)
ENVELOPE SMALL MEMBRANE PROTEIN (E)
GENOMIC RNA
SIGNS AND SYMPTOMS OF COVID-19

*Please contact your appropriate administrator and stay home if you feel sick!

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has emergency warning signs of COVID-19.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.
HOW IS COVID-19 SPREAD?

COVID is primarily spread from person to person through the following:

- **DROPLETS** released when someone who is sick sneezes or coughs; they can land on the mouth, nose or eyes of people nearby
- **CLOSE CONTACT** with someone who is sick by hugging and or shaking hands
- **DOOR KNOBS**
- Laptops, mouse, cell phones, photocopy machines and other **DIGITAL DEVICES**
- **PENS/PENCILS**
- Other **LEARNING MATERIALS** such as blocks, toys etc.
- **ALL MUST BE CLEANED DAILY BETWEEN GROUPS OF STUDENTS!**
HOW EASILY GERMS SPREAD

Nurse Uses Paint To Show How Germs Spread
HOW DO WE PREVENT THE SPREAD OF COVID-19

1. Stay 6 feet apart
2. Wash your hands often
3. Monitor your own health; stay home if you are sick.
4. Sneeze or cough into your elbow
5. Avoid touching your face
6. Clean and disinfect surfaces and objects
7. Wear protective equipment (ie: mask, face shield)

*If you are working alone in an office/classroom, you may remove your mask however, when someone approaches it must be put back on - thank you in advance.
Stay at least 6 feet (about 2 arms’ length) from other people.
Stop Germs! Wash Your Hands.

**When?**
- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats

**How?**
- **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
- **Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.
- **Scrub** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
- **Rinse** hands well under clean, running water.
- **Dry** hands using a clean towel or air dry them.
STAY HOME IF YOU'RE SICK

STOP THE SPREAD OF GERMS
Help prevent the spread of respiratory diseases like COVID-19.

Stay home when you are sick, except to get medical care.
SNEEZE/COUGH INTO YOUR ELBOW

Wrong
Wrong
Right
AVOID TOUCHING YOUR FACE

STOP THE SPREAD OF GERMS
Help prevent the spread of respiratory diseases like COVID-19.

Do not touch your eyes, nose, and mouth.

cdc.gov/coronavirus
CLEANING & DISINFECTING

Please see our PPS cleaning and disinfecting protocols for more info.
SIGNAGE

Signage will be added throughout the building regarding specific guidelines, reminders, etc.

If you see an area that needs increased signage, please see an administrator.
USE PERSONAL PROTECTIVE EQUIPMENT

We have a process for replenishment through the facilities office.
HELP PREVENT THE SPREAD OF COVID-19

Stay safe and help prevent the spread of COVID-19.
MASKS: DO'S AND DON'TS

Adults must wear masks at all times, they may be your own or we will provide them for you. No scarves or bandannas.

DON'T leave your nose exposed.

DON'T allow gaps on the sides of your mask.

DON'T lower your mask to rest around your neck.

DON'T leave your chin uncovered.

DON'T cover only part of your nose.

DO wear your mask so that it completely covers your mouth, nose, and chin, and so it is tight against your face.
Bill Nye Conducts Viral TikTok Mask Experiment
WHAT IF A CHILD IS SICK, BECOMES SICK OR REQUIRES THE NURSE?

CALL THE NURSES OFFICE
Do not send students to the nurses office

SHARE SYMPTOMS
Tell the nurse what the presenting issue is: Fever, vomiting, blister, chapped lips, bloody nose

STUDENT TO DESIGNATED AREA
COVID Isolation Area

FOLLOW NURSE'S LEAD
The nurse will instruct you what to do...

*We must be especially mindful of student confidentiality!*
• Monitor the number of students in the bathroom or at sinks

• Monitor the number of students in hallways

• Use adults to monitor and give gentle reminders to students remember this is all new for them and us

• Elevators 1:1, one adult and one student only

• Wear protective equipment

• Use common sense and good judgement
What if a student doesn't want to follow the rules?
How do we handle if a colleague is not following the rules?
STUDENT AND STAFF CONFIDENTIALITY!
BUILDING SIGN-IN PROCESS:

CONTACT TRACING
Sign-in form in the PCD Drive

APP FOR STAFF
Self-certification in process
The physical safety of our students and staff is our first priority. In an emergency situation, our primary responsibility is to ensure everyone in the school is kept safe from any immediate danger. The emergency evacuation and lockdown plans for each school will be reviewed to identify if there are ways to allow for adequate physical distancing within the plans. However, in the event of an emergency, the risks of exposure to COVID-19 will be weighed against the imminent threat of physical harm to staff and students.

Fire Drills/Lockdown Drills - on hold at this time.
• Arrival & Dismissal
• Lunches
• Visitors/Tech Programs/Dismissals during day
• Cleaning spaces during the day expectations (students/staff)
• Recess
• Masks Breaks - teacher discretion
• Specials
• Passing time (secondary)
• Hallway patterns
• Teacher Rooms
• Bathroom Expectations
RESOURCES

https://www.cdc.gov/
http://www.doe.mass.edu/covid19/
https://www.who.int/
https://www.opm.gov/FAQS (EAP)
Mass Department of Public Health
There are no stupid questions - just ASK!

We are learning together and none of us have all the answers.